

## Overcoming Distractions: Thriving with Adult ADD/ADHD



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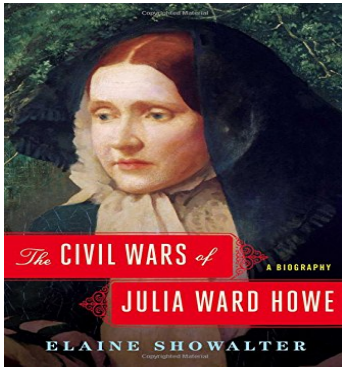
## Overcoming Distractions: Thriving with Adult ADD/ADHD

We know that Attention Deficit Disorder makes it tough for children to focus in school. But what happens when those kids grow up? How can they make the transition to a successful professional life? And how can newly diagnosed adults meet the challenges of the workplace? David Greenwood, an ADD sufferer who now works as a well-respected PR consultant, answers the question for anyone who wants to thrive with ADD or ADHD—not just survive! Learn how to: Identify the major features of Attention Deficit Disorder and become aware of how they affect aspects of adult life, particularly in the office Tailor a career to minimize the effects of those symptoms Highlight t



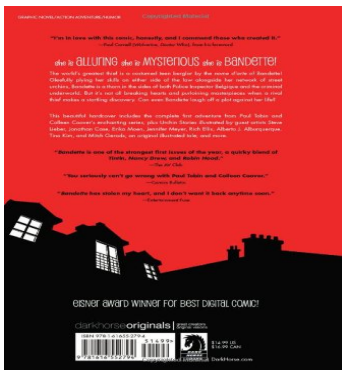
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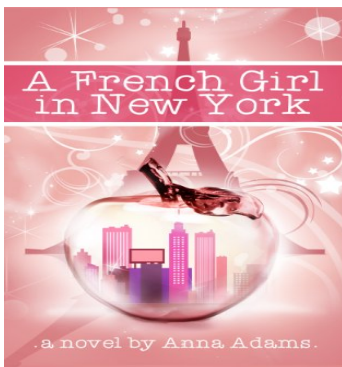
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“Riveting” —The New York Times Book Review “A biography with the verve and pace of a delicious novel...a polemic and a pleasure.” —The Boston Globe  
The first biography to re



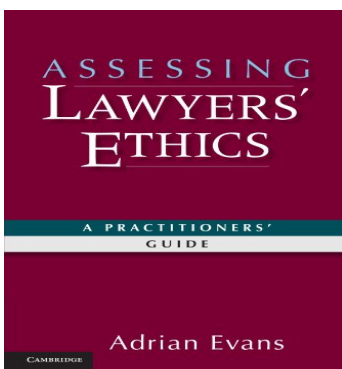
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### See Jane Win for Girls: A Smart Girl's Guide to Success

In the 1990's, child psychologist Sylvia Rimm and her daughters surveyed more than 1,000 satisfied, successful women. Their goal was to "identify the essential childhood elements that encouraged these women to achieve fulfilling careers" so other parents could give their daughters the same ad



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Legal practitioners operate in an environment of seemingly endless ethical challenges, and against a backdrop of diminishing public opinion about their morality. Based on extensive research, Assessing Lawyers' Ethics argues that lawyers' individual ethics can be assessed and measured in realistic f

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